

Curriculum Vitae

Reza Nemati, MSN

Contact Information

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About

I have a master of science in psychiatric nursing and I am interested in education and research in the fields of mental health, psychiatric diseases, and cardiovascular diseases.

Education

Master of Psychiatric Nursing, Bushehr University of Medical Sciences, Iran | Oct 2016 - Sep 2017 (GPA = 4/4)

Thesis title: " Comparison of the Quality of Hospital Services Based on the HEALTHQUAL Model and Patients Trust to Nursing in selected Academic and Non-Academic Hospitals of Bushehr city – 2018", **Supervisor:** "Dr. Masoud Bahreini"

BSc in Nursing, Bushehr University of Medical Sciences, Iran | Oct 2012 - Jul 2016 (GPA = 4/4)

Experiences

A. Nursing work experience at the patient's bedside:

- Work in the departments of "Pediatric Emergency, Adult Emergency, Cardiovascular Emergency, Men's Surgery, Men's Internal Medicine, ICU" inside the Persian Gulf Martyrs Hospitals and Heart Hospital Bushehr | 2015 - 2019

B. Educational experiences:

Teaching experiences at the university:

- Instructor and internship of "Psychology, Internal Emergencies, Trauma, Cardiopulmonary Resuscitation and Physical examination" courses, Department of Medical Emergencies, School of Allied Medical Sciences, Bushehr University of Medical Sciences | 2019 - present
- Member of Cardiopulmonary Resuscitation Teachers of Bushehr University of Medical Sciences | 2020 - present
- Special evaluator for OSCE courses, for nursing students in the last semester of the bachelor's degree to graduate | 2020 – present
- Semiology course instructor for medical students | 2018 – present
- Internship instructor in psychiatry and cardiovascular departments of Bushehr University of Medical Sciences | 2016 - 2019

C. Experiences of organizing workshops:

- Organizer of cardiopulmonary resuscitation workshops for students, nurses and doctors of Bushehr University of Medical Sciences hospitals | 2017 - present
- Organizer of introductory and advanced ECG workshops for students, nurses and doctors of Bushehr University of Medical Sciences hospitals | 2017 - present
- Organizer of pacemaker workshops for students and nurses of Bushehr University of Medical Sciences hospitals | 2017 - present
- Organizer of Prehospital Trauma Life Support workshops for students and emergency medical technician | 2019 - present

D. Volunteer Experience:

- Voluntary member of the Executive Board of Organizing Public Health Stations (NGO) | 2018 - present
- Assistance in measuring and screening vital signs and tests during public health stations in Bushehr | 2018 - present
- Voluntary assistance in injecting coronavirus vaccine | August 2020
- I was in charge of reviewing and correcting emergency trolleys and also in charge of cardiopulmonary resuscitation training at Bushehr Heart Hospital, and this resulted in an 80% increase in the order and knowledge of cardiopulmonary resuscitation in the hospital's nursing and medical staff | 2018 - 2020
- Responsible for preparing and arranging monthly educational posters and brochures in Bushehr Heart Hospital, which according to the survey caused a 70% increase in the level of knowledge and information of nursing staff | 2018 - 2020
- Preparation and production of educational brochures on scientific topics under university professors, for students to use in internships | 2015 – 2016

Executive responsibilities and membership in committees

- Educational supervisor of Persian Gulf Martyrs Hospital, Bushehr, Iran | 2023 – present
- Scientific consultation of Clinical Research Development Center, Persian Gulf Martyrs Hospital, Bushehr, Iran | 2022 - present
- Membership in the specialized committee for the development of education and new technologies to promote learning in the comprehensive program of justice, excellence and efficiency in medical science education | 2022 - present
- Secretary of the Executive Committee of the 15th Shahid Motahari Festival and Education Week of Bushehr University of Medical Sciences | 2022
- Head of Student Committee of education development center in Bushehr University of Medical Sciences | 2020 - present
- Executive Officer of the Working Committee of education development center in Bushehr University of Medical Sciences | 2020 - present
- Member of the board of directors of Giti Health Institute (NGO), which organizes health stations in Bushehr province | 2018 - present
- Head of Scientific and Research Committee of Bushehr Heart Hospital Nursing Office | 2018 - 2020

Publications

A. Published Journal Articles:

1. **Nemati R**, Vahedparast H, Rashedi Y, Mirzaei K, Bahreini M. The Role of Personality Factors in Predicting Resilience and Coping Styles of Patients with Type 2 Diabetes: A Cross-sectional Study. *Journal of Holistic Nursing and Midwifery*. 2023;33(1):25-33.

<https://hnmj.gums.ac.ir/article-1-2007-en.html>

2. Farhadi A, Bahreini M, Moradi A, Mirzaei K, **Nemati R**. The predictive role of coping styles and sense of coherence in the post-traumatic growth of mothers with disabled children: a cross-sectional study. *BMC Psychiatry*. 2022;22(1):708.

<https://bmcp psychiatry.biomedcentral.com/articles/10.1186/s12888-022-04357-5>

3. Baghbani R, Rakhshan M, Zarifsanaiy N, **Nemati R**, Daneshi S. Comparison of the effectiveness of the electronic portfolio and online discussion forum methods in teaching professional belonging and ethical behaviors to nursing students: a randomized controlled trial. BMC Medical Education. 2022;22(1):618.

<https://bmcmmededuc.biomedcentral.com/articles/10.1186/s12909-022-03677-0>

4. Ganjoo M, Farhadi A, Baghbani R, Daneshi S, **Nemati R**. Association between health locus of control and perceived stress in college student during the COVID-19 outbreak: a cross-sectional study in Iran. BMC Psychiatry. 2021;21(1):529.

<https://bmcp psychiatry.biomedcentral.com/articles/10.1186/s12888-021-03543-1>

5. **Nemati R**, Moradi A, Marzban M, Farhadi A. The association between moral distress and mental health among nurses working at selected hospitals in Iran during the COVID-19 pandemic. Work. 2021;70(4):1039-46.

<https://content.iospress.com/articles/work/wor210558>

6. Farhadi A, Bagherzadeh R, Moradi A, **Nemati R**, Sadeghmoghadam L. The relationship between professional self-concept and work-related quality of life of nurses working in the wards of patients with COVID-19. BMC Nursing. 2021;20(1):75.

<https://bmcnurs.biomedcentral.com/articles/10.1186/s12912-021-00595-2>

7. **Nemati R**, Ganjoo M, Jadidi F, Tanha A, Baghbani R. Electrocardiography in Early Diagnosis of Cardiovascular Complications of COVID-19; a Systematic Literature Review. Archives of Academic Emergency Medicine. 2021;9(1):e10.

<https://journals.sbmu.ac.ir/aaem/index.php/AAEM/article/view/957>

8. Beheshtkhoo N, Alipour MH, **Nemati R**, Baghbani R, Behzad F, Shafiee M, Kouhbanani MA, Jangjou A, Mehrabi M. A review of COVID-19: the main ways of transmission and some prevention solutions, clinical symptoms, more vulnerable human groups, risk factors, diagnosis, and treatment. Journal of Environmental Treatment Techniques. 2020;8(3):884-893.

<http://www.jett.dormaj.com/docs/Volume8/Issue%203/html/A%20Review%20of%20COVID-19%20The%20Main%20Ways%20of%20Transmission%20and%20some%20Prevention%20Solutions,%20Clinical%20Symptoms,%20more%20Vulnerable%20Human%20Groups,%20Risk%20Factors,%20Diagnosis,%20and%20Treatment.html>

9. **Nemati R**, Bahreini M, Pouladi S, Mirzaei K, Mehboodi F. Hospital service quality based on HEALTHQUAL model and trusting nurses at Iranian university and non-university hospitals: a comparative study. BMC Nursing. 2020;19(1):118.

<https://link.springer.com/article/10.1186/s12912-020-00513-y>

10. Shariati A, **Nemati R**, Sadeghipour Y, Yaghoubi Y, Baghbani R, Javidi K, Zamani M, Hassanzadeh A. Mesenchymal stromal cells (MSCs) for neurodegenerative disease: A promising frontier. European Journal of Cell Biology. 2020;99(6):151097.

<https://www.sciencedirect.com/science/article/abs/pii/S0171933520300364>

B. Conference Papers:

11. Hosein Nezhad A, **Nemati R**, Sanaiezadeh A, Sharifikia I. Indices of effective teaching from the perspective of students of Bushehr University of Medical Sciences, National Seminar on Professor Evaluation, Tehran, 2015.

12. Mahboudi F, **Nemati R**, Hajizadeh AR, Mahboudi MB. Healthy diet in elderly women, Third International Seminar on Women's Health, Shiraz, 2014.

13. Mahboudi F, **Nemati R**, Hajizadeh AR, Mahboudi MB. Consequences of malnutrition in elderly women, Third International Seminar on Women's Health, Shiraz, 2014.

Certification

- Meta-analysis software, Kermanshah University of Medical Sciences and Cochrane Center of Iran, for 3 days | from 2 to 4 August 2020, online course.
- Virtual education and homework design, Education Development Center, Bushehr University of Medical Sciences, for 2 hours | 28 May 2020, online course.
- Ethics in Clinical Medical Education, Education Development Center, Bushehr University of Medical Sciences, for 2 hours | 28 May 2020, online course.
- Curriculum Review, Education Development Center, Bushehr University of Medical Sciences, for 1 hour | 27 May 2020, online course.
- Instruments and Psychometrics, Education Development Center, Bushehr University of Medical Sciences, for 3 hours | 27 May 2020, online course.

- Introducing journals in the field of medical education, Education Development Center, Bushehr University of Medical Sciences, for 2 hours | May 16, 2020, online course.
- How to write an educational process?, Education Development Center, Bushehr University of Medical Sciences, for 2 days | 25 to 26 June 2020, online course.
- Medical Education in the Future, Education Development Center, Bushehr University of Medical Sciences, for 2 hours | 25 May 2020, online course.
- Ispring software training, Center for Medical Education Studies and Development, Bushehr University of Medical Sciences, for 3 hours | May 25, 2020, online course.
- Curriculum Development Models, Education Development Center, Bushehr University of Medical Sciences, for 2 hours | January 6, 2017, online course.
- Advanced short-term course of e-learning and virtual education for large universities in the fifth district, virtual faculty and scientific hub of advanced e-learning in medical sciences, Vice Chancellor for Education of Shiraz University of Medical Sciences and Bushehr University of Medical Sciences, for 1 month | October 10 to November 10, 2016, Online course.

Affiliations

Department of Medical Emergencies, School of Allied Medical Sciences, Bushehr University of Medical Sciences, Bushehr, Iran | September 23, 2019 - present

Clinical Research Development Center, The Persian Gulf Martyrs Hospital, Bushehr University of Medical Sciences, Bushehr, Iran | May 28, 2022 – present

Nursing and Midwifery School, Bushehr University of Medical Sciences, Bushehr, Iran | December 21, 2016 – 2019

Student Research Committee, Bushehr University of Medical Sciences, Bushehr, Iran | September 24, 2012 - June 23, 2016

Additional Training

- SPSS, EndNote

Skills

Computer skills:

- Daily use of Word, Excel and PowerPoint for presentation.
- Visual Basic introductory programming.
- Design posters, brochures and edit images with Photoshop.
- Design and mix clips with video editing software.
- Design animated images with Adobe Flash software.
- Provide offline training with Camtasia Studio and Ispring software.

Soft Skills

- Coordinated and goal-directed
- Leadership and executive responsibilities
- Tireless pursuit of difficult projects
- Flexibility and adaptation regardless of the prestige of the project/position/job

Interests

- Lover of travel and nature tourism, I traveled independently to the northern cities of Iran.
- I am interested in cooking in nature and designing new recipes and it feels great.
- Love to walk, hours of walking along the beach is one of the most enjoyable pastimes.

Language

Farsi - Mother tongue

English - Upper intermediate

References

References available upon request.